

National Three Peaks Challenge

Please carefully read the terms and conditions below, by entering the National Three Peaks Challenge for St Peter's Hospice you must have read, understood and accepted these conditions.

- **The minimum age to take part in the challenge is 18 years old.**
- This is a tough hike that features a rapid and challenging pace. However, it's more important that everyone completes the trek safely so **speed is not the priority**. We complete it as a team. Bus drivers will not break speed limits and will need breaks, and guides will advise extra breaks if needed. Be aware that completing the challenge in 24 hours is not plausible and though we aim to complete it in roughly 27 hours, it may take longer if needed.
- **You must follow all advice and guidance of the mountain leaders and guides**, even if this means you have to stop and won't get to complete the challenge.
- **Transport within the challenge is included**, but you must be able to get yourself to Fort William and home from Chester. There is the option of a pick up at a certain time on Friday from Chester to take you to Fort William for the start of the trek. We cannot guarantee what time we will be back in Chester for your return journey so an open ticket's recommended.
- Breakfast on both mornings is included but nothing further so bring plenty of **water and snacks** to keep yourself energised for the whole event.
- **No alcohol** is to be consumed at any point during the trek itself.
- **You are committing to raising a minimum of £775 for St Peter's Hospice.** You will need to have raised 80% of this target (£620) by 23rd April to confirm your place on the trip, and if you haven't raised this amount by that date then we will have to cancel your place and you will lose your deposit. We're here to help with your fundraising and will be there to support every step of the way, so get in touch with us for tips and support.
- **Medical Information** - This is a very physically demanding challenge, and you are responsible for your own medical condition so enter at your own risk. St Peter's Hospice will not accept liability for any injury or loss as a result of your participation, but your statutory rights remain unaffected. You must seek medical advice from your GP if you're in any doubt as to your physical ability to participate in the event, and you must also fill out the health questionnaire truthfully so that the mountain leaders are fully aware of any conditions.
- **You are responsible for making sure you're fit and ready for this challenge.** It is incredibly physically demanding so requires a large amount of training and preparation to make sure that you don't injure yourself. We are here to support you with training for this event, but you are responsible for making sure you are ready.
- You give your permission for any **photographs or video footage** taken of you to be used in Hospice and third party future publicity. If you do not agree with this, let us know so we can make sure to exclude any photos or images of yourself.
- Your registration deposit is used to secure your place and is therefore **non-refundable and non-transferable**. If the trek cannot go ahead due to government restrictions then it will be postponed to a new date. It may not always be possible to transfer bookings with our suppliers to a future date, these are deemed as unrecoverable costs which we would need to charge again to be able to transfer your booking.
- **Reasonable adaptations to the event due to COVID-19** government restrictions do not require us to postpone the trek to a future date. Example reasonable adaptations include but are not limited too: alternative bus arrangements, adapted group numbers, specialist PPE to be worn (e.g. masks worn on transport), alternative accommodation arrangements.